

Teacher Observation Example

Task 1

SWBAT accurately perform the backhand throw, while stationary, to a stationary target 15 feet away so that their partner does not have to take more than 1 step to catch the Frisbee at least 75% of the time.

- Get into groups of 4.
- Each of you will have 5 attempts to perform the backhand throw to a stationary partner who is positioned 15 feet away (stand on the poly spots).
- The non-participating group members will observe and provide feedback using the provided form. Switch roles when you have your 5 attempts.
 - The throw is successful if their partner does not have to take more than 1 step to catch the Frisbee.

Name of the student being observed:

Mark an “x” in the box if your partner’s throw was accurate (their partner did not have to take more than 1 step to reach the Frisbee).

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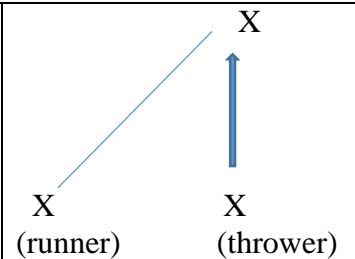
Task 2

SWBAT accurately perform the backhand throw, while stationary, to a moving target 15 feet away so that their partner does not have to take more than 1 step to catch the Frisbee at least 75% of the time.

- Get into groups of 4.
- Each of you will have 5 attempts to perform the backhand throw to a moving partner (their partner will run designated routes using cones).
- The non-participating group members will observe and provide feedback using the provided form. Switch roles when you have your 5 attempts (the throw is successful if their partner does not have to significantly alter their speed or direction to catch the Frisbee).

Name of the student being observed:

Mark an “x” in the box if your partner’s throw was accurate (the throw is successful if their partner does not have to significantly alter their speed or direction to catch the Frisbee).



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Peer Observation Example

- We will be playing a game of Ultimate today.
- It will be 4 v 4, with your 5th team member observing a different person and recording the number of times positive encouragement was used.
- We will rotate the 5th player every 5 minutes.
- At the end, tally up the number of positive encouragements.



Use tally marks in each box (5 marks per box)

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Name of Student Observed:

Total # of Positive Encouragements Given:




1. How did it feel when the entire team was being positive? Was it authentic to start? If not, did it become authentic?

2. How did it feel to give positive feedback versus negative feedback you may have given in the past?

Self-Assessment Example

Name:

- At this station you will record yourself performing the backhand throw to a stationary target 15 feet away.
- After 4 attempts, watch your video and assess which cues you performed on each attempt.

	Sideways to Target	Wipe the Table	Point to Target
			
Attempt 1			
Attempt 2			
Attempt 3			
Attempt 4			

Reflection

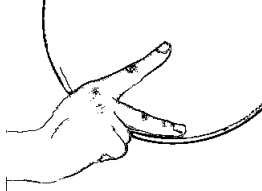


What did you do well?

What can you improve?


Statistics Assignment Example

Name:

- At this station you will record yourself performing the forehand throw to a stationary target 15 feet away.
- After 4 attempts, watch your video and assess which cues you performed on each attempt.
- When you are finished, enter the amount of times each cue was observed in the “score” row.
- Then calculate the average by dividing the top number by 4 (ie. $\frac{1}{4} = 25\%$).

	Peace Grip	Elbow In	Step Out
			
Attempt 1			
Attempt 2			
Attempt 3			
Attempt 4			
Score	/4	/4	/4
Average			

Multimedia Project Example

Name:	Name:
<p>In groups of 2, you will create an instructional video on the backhand throw in Ultimate.</p> <p>Your video will include:</p>	
<ul style="list-style-type: none"> • An introduction of yourselves 	
<ul style="list-style-type: none"> • An explanation of what the backhand throw is and when it is used in Ultimate 	
<ul style="list-style-type: none"> • An explanation of each of the 3 cues 	
<ul style="list-style-type: none"> • Accurate demonstrations of the backhand throw to a stationary target 15 feet away; four demonstrations for each group member. 	

Exit-Slip Example

Name:

In 3-5 sentences, explain why it is important to move on offense when you do not have the Frisbee. Make sure to include what this is called.

Student Drawing Example

Name:

O = Offensive player

D = Defensive player

S = Start of the play

Numbered Arrows = the thrown disc

(label each arrow with the order of the throw – 1st,
2nd, 3rd, etc)

Draw one offensive play that your team practiced today.

Create a Routine, Drill, Warmup, or Offensive/Defensive Strategy Example

In your home group, create an offensive play that will help you with your team's identified weakness (spacing, angles, or variety). See the criteria for this assignment below:

- Identifies what weakness the play is addressing
- Explains how this play addresses their weakness
- Draws the play using symbols and shapes
- Includes a legend for the symbols and shapes

Name:	Name:	Name:
Weakness this play is addressing:		
How does this play address the weakness:		
Drawing of play:	Legend for symbols and shapes:	

Student Presentation Example

You will create a poster board presentation on the “Spirit of the Game” in Ultimate. The poster must include: the definition of “Spirit of the Game,” examples from class of “Spirit of the Game,” tips on how to support teammates, and tips on how to be a good sportsperson.

	Needs Improvement	Good but Could be Better	Close to Perfection
Definition of “Spirit of the Game”			
Examples from class of “Spirit of the Game”			
Tips on how to support teammates			
Tips on how to be a good sportsperson			

Journal Example

You will keep a daily reflection of how your team is functioning during this unit of Ultimate, at least a half page each day. Examples of guiding questions:

- Who has become the leaders(s)? Why do you think this?
- Who needs the most support in your group and why (needing support is not bad)? How are you helping the team member?
- What is the team atmosphere like? Good? Bad? Why do you think this is? What would you want different?
- How are each team member improving? Be specific.

Misfire	Just Missed Target	Target
The journal was not completed on time or was missing more than 2 entries. The responses were not detailed and not necessarily about the team. Grammar and spelling made reading the journal entries difficult.	The journal was completed on time but was missing 1-2 entries. The responses were thoughtful and relating to the team but could be more descriptive. Grammar and spelling were sufficient.	The journal was completed on time and included all journal entries. The responses were thoughtful and reflected the team. Grammar and spelling were sufficient.

Game Performance Assessment Instrument (GPAI) Example

1. Half of the class conducts GPAI on their partner while they play in a game of Ultimate. Observers must spread out to avoid being distracted.
2. Finish GPAI by calculating %.

Psychomotor		Cognitive - Decision		Cognitive - Support	
Throw Completion %		Pass was to an Open Player (when possessing the Frisbee)		Moved into Open Space (when on offense without the Frisbee)	
Successful attempt	Total attempts	Yes	No		
Completion %		Appropriate Decision %		Appropriate Adjustments %	

Activity, Nutrition, Skill Log Example

1. Create an account at <https://www.supertracker.usda.gov/default.aspx>
2. Keep a log of all your physical activity for 1 full week using the “Physical Activity Tracker” (be as accurate as you can (log daily) – include all physical activity such as walking to class, chores, etc).

Chico Portal: Student Ho x Welcome, Kevin - Blackb... x Inbox (4) - kevshp@gmail... x SuperTracker Home x

https://www.supertracker.usda.gov/default.aspx

Apps Pandora Radio Twitter Weebly Gmail Email Portal Google Drive Advising Info supportREALteacher... CNET

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SuperTracker USDA United States Department of Agriculture

Home Food-A-Pedia My Plan Track Food & Activity My Reports My Features kevshp Groups

My Co
Overview
Food Groups & Calories
Nutrients Reports
Food Details
Meal Summary
Physical Activity

Activate My Co

Food-A-Pedia >
Look up nutrition info for over 8,000 foods and compare foods side-by-side.
Type in your food here Go
All Foods

Food Tracker >
Track the foods you eat and compare to your nutrition targets.
Type in your food here Go
All Foods

Physical Activity Tracker >
Enter your activities and track progress as you move.
Type in your activity here Go
All Activities

Welcome, kevshp
Find out what and how much to eat. Edit your profile to keep your plan current.
Edit Your Profile
View your plan OR the general plan.

My Weight Manager >
Get weight management guidance; enter your weight and track progress over time.

My Top 5 Goals >
Choose up to 5 personal goals; sign up for tips and support from your virtual coach.

Groups >
SuperTracker groups allow groups of people to use SuperTracker together.

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https://www.supertracker.usda.gov/MyReports.aspx

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Physical Activity Report

View your weekly physical activities and compare to the Physical Activity Guidelines for Americans.

Export Report As: PDF Excel Word
Adobe Reader plug-in to view and print the exported PDF files.

View Report for the week of:



Create Report