

Tony Chestnut

- Students dance to the song “Tony Chestnut.”
- Students perform movements to different words of the songs. It highlights homophones (words that sounds alike but have different spellings).

Suggested Movements to Tony Chestnut

Tony Chestnut knows I love you.



Tony knows. (Tony knows).



Tony Chestnut knows I love you.



That's what Tony knows.



And Eileen loves Neil and Neil loves Pat,



but Pat still loves Bob.



And there's Russell and Skip.



This song is silly, but it's hip.



How it ends, just one man knows.



And guess what, (what) it's Tony Chestnut.



During the talk that directs the music to play faster. Cup your hands and pretend you are stirring the musical pot that is controlling the speed of the music. Stir faster and faster... repeat...

Scrabble Run

- Interval running game with letters in a pile at one end of the gym.
- Students are placed pairs and one student at a time must run to the pile and return with 1 letter.
- When the student returns to the group, the next student must go get a card. Repeat process.
- At the end, students try to create as many words as they can.

Scrabble Run

Team Name: _____

Race #	Words Spelled	Points
1		
2		
3		
Total Points		

Directions	Scrabble Example
1. Each team member will take turns running to get a card.	
2. Once they return with a card, the next person can go get another card.	T A L L
3. Try and get as many cards as you can.	H O
4. When the race stops, teams have 1 minute to spell out as many words as you can with your cards.	E W E A R
5. Each card used is worth 1 point	M T
6. Teams can get extra wild card if they perform 30 pushups total (they can divide as they see fit).	

Parts of Speech

- Teacher writes a word/sentence down
 - Students perform exercises depending on the part of speech each word is
 - 10 seconds for each activity
- Noun = High knees
 - Verb = Jumping jacks
 - Adjective = Plank
 - Adverb = Flutter kicks
 - Pronoun = Squats
 - Preposition = Push ups
 - Conjunction = Crunches

Parts of Speech

- Teacher writes a word/sentence down and students perform exercises depending on the part of speech for each word:

Noun = High knees

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Conjunction = Crunches