Tony Chestnut

- Students dance to the song “Tony Chestnut.”

- Students perform movements to different words of the songs. It highlights homophones (words that sound alike but have different spellings).
Scrabble Run

- **Interval running game** with letters in a pile at one end of the gym.
- Students are placed pairs and one student at a time must run to the pile and return with 1 letter.
- When the student returns to the group, the next student must go get a card. Repeat process.
- At the end, students try to create as many words as they can.

<table>
<thead>
<tr>
<th>Race #</th>
<th>Words Spelled</th>
<th>Points</th>
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<tbody>
<tr>
<td>1</td>
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<td>3</td>
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**Total Points**

**Directions**

1. Each team member will take turns running to get a card.
2. Once they return with a card, the next person can go get another card.
3. Try and get as many cards as you can.
4. When the race stops, teams have 3 minutes to spell out as many words as you can with your cards.
5. Each card used is worth 1 point.
6. Teams can get extra wild card if they perform 30 pushups total (they can divide as they see fit).

**Scrabble Example**

<table>
<thead>
<tr>
<th>T</th>
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</table>
Parts of Speech

- Teacher writes a word/sentence down
- Students perform exercises depending on the part of speech each word is
- 10 seconds for each activity

- Noun = High knees
- Verb = Jumping jacks
- Adjective = Plank
- Adverb = Flutter kicks
- Pronoun = Squats
- Preposition = Push ups
- Conjunction = Crunches
Parts of Speech

• Teacher writes a word/sentence down and students perform exercises depending on the part of speech for each word:

Noun = High knees  
Verb = Jumping jacks  
Adjective = Plank  
Adverb = Flutter kicks  
Pronoun = Squats  
Preposition = Push ups  
Conjunction = Crunches