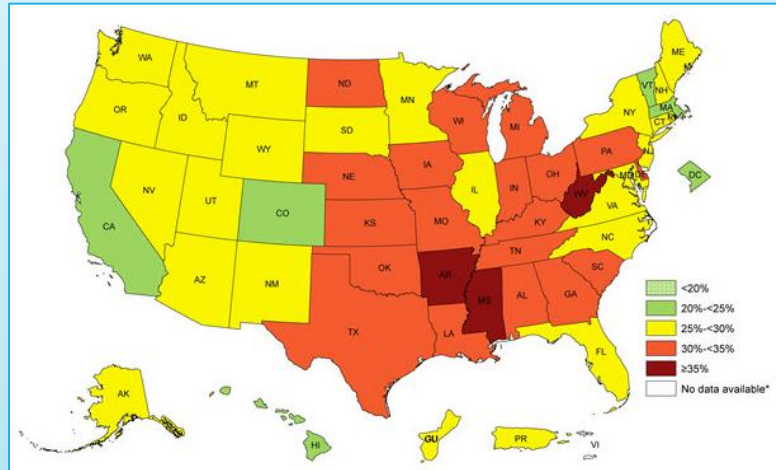


While childhood obesity has risen, there has been a decline in opportunities for physical activity in schools

- Decline in recess opportunities
- Decline in required physical education minutes
- Decline in athletic opportunities
- Decline in afterschool opportunities

Obesity % in the US	# of States
20% - 25%	5
25% - 30%	23
30% - 35%	19
35% +	3
(2014, CDC)	



<http://www.cdc.gov/obesity/data/prevalence-maps.html>

Meeting the recommendations for minutes in physical education and other physical activity can

- Improve student academic performance, social skills, and other 21st century skills
- Decrease costs associated with health care
- Increase worker productivity and reduce absenteeism
- Improve youth fitness readiness (national security)
- Reduce mental health related incidents and improve overall mental health