

# COALITION FOR Q.P.E. PLEDGE

I understand that quality physical education is an important part of a well-rounded education and provides students the skills, knowledge, and dispositions needed to lead an active life. Research has shown that quality physical education can improve students' physical and mental well-being, and boost their learning and academic performance. It is also clear that a more active population increases worker productivity, improves military readiness, and reduces health care costs.

For these reasons, I pledge to support REAL teachers by:

- Becoming educated about quality physical education, state and national standards, and policy recommendations/guidelines (class size, minutes, substitutions, etc.).
- Supporting quality physical education programs and teachers in any way I can (volunteering, providing resources and raising funds, advocating for quality, etc.).
- Holding teachers and schools accountable for quality physical education.

support  
REAL   
teachers  
.org

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Name

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Date