

Inspire! Ice Breakers & Openers



Activity: Toilet Tag

Overview

This game is about as goofy as they get. This crazy version of tag will have your participants running around frantically and laughing their heads off.

Props

- None.

Instructions and Key Points

- Start off by designating the boundaries of the play area, also known as the “wash room” in this game.
- Ask for 1 to 3 volunteers, depending on the size of the group, to be “plumbers,” in other words, to be “it.”
- Explain to participants that if the plumber tags them, they must kneel down, on one knee, and point one index finger away from them. They have now become a toilet and their finger is the flush level!
- To be relieved from their job as a latrine another player must gently sit on one of the toilet’s knees and flush the handle.
- Make sure that your participants are making swooshing and gurgling sounds when the toilet is flushed.
- To keep this game polite, plumbers are not allowed to bother anyone already seated in the flushing position.
- To keep the game sanitary, the toilet and the flusher must wash hands by rubbing them together when done.
- As soon as the flush is completed and hands are washed, the flusher and the toilet are fair game for the plumber.

Safety

Explain to your group members that they should not be putting all of their weight on the knee of the toilet or tug too hard on the flush handle. Ask participants to be cautious while they are running around, as to avoid high-speed collisions.