

Inspire! Ice Breakers & Openers



Activity: **The Ten Count**

Overview

Your group must count to ten, collectively, without any two people saying a number at the same time and with no verbal planning. This will get your group to cooperate and focus.

Props

- None.

Instructions

- Ask your group to form a circle.
- Explain that no talking or planning is allowed.
- The task is for the group to count to ten collectively without any two people saying a number at the same time. For example, one person starts by shouting “one,” and another person shouts “two” and so on.
- When two or more people speak simultaneously, the entire group starts back at zero. For example, if two people call out “five,” the group restarts.
- Each number must be called out clearly by one person, and no one else may talk when a number is called.
- The group must work out an informal solution to accomplish this task.
- You’ll find that talking isn’t the only method of communication. Group members will work out solutions in many creative ways.

Variations

If your group makes it to ten, try a larger number. You may also insert the rule that no one may say two numbers in succession. In other words, an individual cannot say, “one, two...,” but rather is allowed to state only one number.