

## Smartphone Apps

All of these resources are free and are done through Android mobile devices. These are a few examples of the applications available. New apps are constantly being created for both Android, iPhone, and Win7 devices.

Click on the pictures for links to the sites. You can also share your resources on our [forum](#).

### Exercise Demonstrations

These applications have examples for various workout routines. They include photos and/or animations and the ability to create your own workout routines.



### Health

First aid information and more.



### Food and Activity Logs

Record food intake and physical activity, set goals, see reports, and much more.



### Heart Rate

Easy way to check a student's heart rate.



### Metronome

Use this to create a cadence for fitness testing. Example: Set to 20 bpm to be used for the push-up test in the President's Challenge fitness test.



### Grading Scale

A simple and quick grading calculator. Just input the number of questions and the program will show you percentages for each number right.



### Remote Controller

Use your phone as a remote controller for you computer.



### Class Management

Take attendance, input student information (photos too), and randomly pick students to answer questions or for grouping.



### Smart Clicker

You can use this application via smartphone or web browser. There is a separate app/website for the teacher and for the student.





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