Your settings for this Block Poster are:

- **Pages Wide**: 2
- **Orientation**: LANDSCAPE
- **Paper Format**: LETTER
- **Border Setting**: Top: 0, Right: 0, Bottom: 0, Left: 0

You can find tips on printing, assembling and putting up your poster at www.blockposters.com

Enjoy your Block Poster!
Tennis
Balance - Fair
Coordination - Excellent
Reaction Time - Good
Agility - Good
Power - Good
Speed - Good

Soccer
Balance - Fair
Coordination - Excellent
Reaction Time - Good
Agility - Excellent
Power - Good
Speed - Good

Football
Balance - Good
Coordination - Good
Reaction Time - Excellent
Agility - Excellent
Power - Good
Speed - Excellent

Swimming

Martial Arts

Golf
Downhill Skiing

Balance - Excellent
Coordination - Excellent
Reaction Time - Good
Agility - Excellent
Power - Good
Speed - Poor

Skill Related Fitness

Cards adapted from Fitness for Life

- At the start of your turn, move 1 square
- Draw a card (there are 8 cards and activity cards)
- If you answer the question or perform the activity correctly, move ahead 3 spaces
- If you answer the question or perform the activity incorrectly, move back 1 space

Dance - Social or Aerobic

Baseball
The End

Cards adapted from Fitness for Life

- At the start of your turn, move 1 square
- Draw a card (there are 7 cards and activity cards)
- If you answer the question or perform the activity correctly, move ahead 3 spaces
- If you answer the question or perform the activity incorrectly, move back 1 space

Balance - Poor
Coordination - Poor
Reaction Time - Poor
Agility - Poor
Power - Poor
Speed - Poor

Balance - Excellent
Coordination - Good
Reaction Time - Fair
Agility - Good
Power - Fair
Speed - Good

Winner

Jogging

Ice Skating
Bowling

Balance - Good
Coordination - Excellent
Reaction Time - Poor
Agility - Fair
Power - Poor
Speed - Fair

Bicycling

Balance - Excellent
Coordination - Fair
Reaction Time - Fair
Agility - Fair
Power - Poor
Speed - Fair

created using

BLOCK POSTERS