

Inspire! Ice Breakers & Openers



Activity: **Rhythm Hunter**

Overview

Rhythm Hunter is a wonderful activity to get a group moving around, having fun, and energized. This game relies on the individual's ability to pay attention and react undetected to changes in rhythm and movement. The "rhythm leader" attempts to change rhythms and movements of the group without being detected by the person in the middle, the "rhythm hunter."

Props

- None

Instructions and Key Points

- Instruct the group to form a circle, allowing plenty of space for each person to move around.
- Select a volunteer to be the "rhythm hunter."
- Ask that person to move to the middle of the circle, close their eyes and cover their ears.
- Select a "rhythm leader" and have him or her establish a rhythm. The rest of the group immediately follows.
- Have the "rhythm hunter" uncover his or her ears and open his or her eyes.
- The hunter's job is to carefully watch the group and figure out who the leader is.
- The leader attempts to change the rhythm as many times as he or she can, without being detected by the rhythm hunter.
- The hunter has three chances to correctly identify the leader.
- When the hunter correctly finds the leader, or uses all three guesses, ask for another rhythm hunter and rhythm leader, and play again.