

Research on Role Modeling in Physical Education

NASPE's Position on Code of Conduct

"It is the position of the National Association for Sport and Physical Education (NASPE) that each physical education professional is responsible for achieving and maintaining competency of knowledge and integrity of practice as demonstrated through fair, honest and respectful behaviors toward students, colleagues, the profession and society."

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NASPE's Position on Physical Activity

"Participating in regular physical activity at a level sufficient to promote health-related physical fitness is an important behavior for professionals in all fields of physical activity at all levels, including coaches, K-12 teachers, physical educators and kinesiology faculty members at higher education institutions, and fitness professionals."

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Melville, D., & Cardinal, B. (1997). [Are oversight physical educators at a disadvantage in the labor market?](#) *Physical Educator*, 54(4), 216.

"This article examines if being a good role model of physical activity and fitness influence one's employability within the physical education profession."

Melville, D. (1999). [How Fit Do Physical Educators Need To Be?](#) *Physical Educator*, 56(4), 170.

"Provides information on a study which determined the relationship between the physical fitness, employability and teaching effectiveness of a physical educator. Philosophical discussion on how physically fit the physical educator needs to be; Arguments favoring both moderate and high fitness standard; Conclusion."

Dean, M., Adams II, T., & Comeau, M. (2005). [The Effect of a Female Physical Educator's Physical Appearance on Physical Fitness Knowledge and Attitudes of Junior High Students.](#) *Physical Educator*, 62(1), 14-25.

"This study was designed to determine if a female physical educator's appearance of body fatness affects 1) the cognitive performance of junior high school students on a test of health-related fitness knowledge, and 2) student attitudes toward the instructor. Results indicate instructor-physical appearance is related to student performance on a cognitive based health-related fitness test. In contrast, instructor physical appearance does not appear related to student attitude toward the instructor. "

McCullick, B., Belcher, D., Hardin, B., & Hardin, M. (2003). [Butches, Bullies and Buffoons: Images of Physical Education Teachers in the Movies.](#) *Sport, Education & Society*, 8(1), 3.

"The purpose of this study was to examine the cinematic images of physical educators during the past decade." Categories include: Physical Education Teachers and Coaches are the same, Confusing Contexts and Idiosyncrasies, Appearances, Physical Education Teachers do not Teach, Physical Education Teachers are Bullies, Women and Men Physical Education Teachers are Portrayed Differently, Women are Portrayed as 'Butch Lesbians,' Men are Hormone-Raging Heterosexuals, and Buffoons.

Responsible Educators Accountable for Learning