Professional Development

"Good teachers recognize that they are learners" (Jennifer Stanchfield). It is important to be a lifelong learner as physical education is constantly evolving with new content, curricular models, teaching strategies, etc.

Ways to Keep Up to Date

- Attending Conferences
- Participating in Workshops
- Social Networking
- Checking Professional Websites
- Reading Professional Journals (see below)
- Webinars
- Connecting with Professional Peers
- Staying Connected with University Faculty
- Working with Student Teachers

NASPE Sets the Standard

Examples of Conference Topics

- Adapted P.E. Strategies
- Dance
- New Sports and Activities
- Technology
- Authentic Assessments
- Motivating Students
- Improving Fitness
- Making Fitness Fun
- Coaching
- Advocacy
- Social and Gender Issues
- Collaboration
- Aligning to the Standards
- Teaching Strategies
- Student Learning Styles
- Curricular Models

For an example of a state conference prospectus check under the recent publications http://www.cahperd.org/prospectus.html

Apply for Adoption - TBD

We believe that professional development is a key component to promoting quality physical education. Unfortunately, some forms of professional development come with a financial cost that many teachers are unable to meet. Two examples include membership into state, regional, or national Health, Physical Education, Recreation, and Dance organizations (HPERD) and attendance of their annual conferences. These costs of approximately $100 and $200 respectively (2012) do not include the cost of travel, hotel, lost wages, and other incidental expenses.

In the future, teachers will be able to "Apply for Adoption." Adoptees will receive one year of HPERD membership dues and registration for their next annual conference. REAL teachers will be selected based on a brief application screening process.

Create an Online Resume (E-Portfolio)

Online resumes are a great way to show potential employers your abilities. It can just be a paper, you can include examples of your work, photos, videos, links, and more. Our Web Design page has links to internet resources that help you easily create your own website. Click Here to see an E-Portfolio example.

Physical Education Journals

- PE Central's links to state AAHPERD associations
- Journal of Physical Education, Recreation, and Dance (JOPERD): "AAHPERD's largest, most frequently published, and most wide-ranging periodical. It is AHPERD's cornerstone journal, reaching 12,000+ members and subscribers, providing information on a variety of health, physical education, recreation and dance issues. JOPERD now has a redesigned, modernized layout and features numerous color photographs."
- Strategies: A Journal for Physical and Sport Educators: A bimonthly journal that offers practical how-to articles for sport and physical education professionals at all levels.
- Journal of Teaching in Physical Education (JTPE): "Presents original, high quality research on teaching, curriculum, and teacher education in physical education from the leading experts in the field. The qualitative and quantitative research included in JTPE is based on classroom and laboratory studies, descriptive and survey studies, summary and review articles, as well as discussions of current trends in the field. JTPE is an ideal resource for in-service and pre-service teachers, teacher educators,
Sport Science Review: for researchers and university students preparing for careers in exercise and sport science. This comprehensive professional journal features articles and research notes encompassing such topic areas as biomechanics, epidemiology, motor behavior, and sport and exercise psychology. Contributions are invited from the international community of researchers. Manuscripts must be written in English.

Educational Journals

JSSI brings you the latest research, discussion and analysis on contemporary sport issues. Using an international, interdisciplinary perspective, JSSI examines today's most pressing and far-reaching questions about sport.

Sport Journals

The Sport Science Review (SSR) is the official journal of the National Institute for Sport Research (Bucharest, Romania) and is published three times per year in a double issue. SSR is an international, multidisciplinary journal in the field of sport.
Responsible Educators Accountable for Learning

Promoting quality physical education through accountability and access to resources