

Professional Development

As teachers, we must also be lifelong learners. Physical education is constantly evolving with new content, curricular models, teaching strategies, etc.

Ways to Keep Up to Date

- Attending Conferences
- Participating in Workshops
- Social Networking
- Checking Professional Websites
- Reading Professional Journals
- Connecting with Professional Peers
- Staying Connected with University Faculty
- Working with Student Teachers

NASPE Sets the Standard

Conference Topics

- Adapted P.E. Strategies
- Dance
- New Sports and Activities
- Technology
- Authentic Assessments
- Motivating Students
- Improving Fitness
- Making Fitness Fun
- Coaching
- Advocacy
- Social and Gender Issues
- Collaboration
- Aligning to the Standards
- Teaching Strategies
- Student Learning Styles
- Curricular Models

For an example of a state conference prospectus check under the recent publications <http://www.cahperd.org/prospectus.html>

Apply for Adoption - TBD

Create an Online Resume (E-Portfolio)

We believe that professional development is a key component to promoting quality physical education. Unfortunately, some forms of professional development can come with a financial cost that many teachers are unable to meet. Two examples include membership into state, regional, or national Health, Physical Education, Recreation, and Dance organizations (HPERD) and attendance of their annual conferences. These costs of approximately \$100 and \$200 respectively (2010) do not include the cost of travel, hotel, lost wages, and other incidental expenses.

Online resumes are a great way to show potential employers your abilities. More than just paper, you can include examples of your work, photos, videos, links, and much more. Our [Web Design](#) page has links to internet resources that help you easily create your own website. [Click Here to see an E-Portfolio example.](#)

In the future, teachers will be able to "Apply for Adoption." Adoptees will receive one year of HPERD membership dues and registration for their next annual conference. REAL teachers will be selected based on a brief application screening process.



[Find Doctorate Programs Here](#)