

Parent's Pledge to Support REAL Teachers

I understand that quality standards-based physical education is an important part of the solution to the nation's obesity problem. For the sake of my child's health, I pledge to support REAL teachers by:

Learning about quality physical education and how it can help children become physically active for life.

Helping solicit support from administrators for quality PE.

Not putting up with baby-sitting in the name of physical education.

Name: _____ Signature: _____ Date: _____

Written by Cathrine Himberg, Ph.D. (January, 2005).