

How You Can Help

We believe that professional development is a key component to promoting quality physical education. Unfortunately, some forms of professional development comes with a financial cost that many teachers are unable to meet. Two examples include membership into state, regional, or national Health, Physical Education, Recreation, and Dance organizations (HPERD) and attendance of their annual conferences. These costs of approximately \$100 and \$200 respectively (2010) and do not include the cost of travel, hotel, lost wages, and other incidental expenses.

You can help now by "Adopting" the Website and in the future by "Adopting" a Teacher and/or "Adopting" a Program.

Now

"Adopting" the Website covers the cost of maintaining, improving, and promoting the website. Currently, the majority of the website's content has been created from hundreds of volunteer hours by undergraduate/graduate students and professors from CSU Chico. Donations to the website will cover the cost of:

- Promoting the website
- Maintaining the website
- Updating the website's design
- Creating new content
- Professionally reshooting pictures and videos
- Filming interviews with experts in the field and professional athletes
- Documenting the effects of an experimental PE program "Inspire" at Chico Unified School District and the Children's Storefront school in Harlem, New York

To "Adopt" the website, contact Dr. Cathrine Himberg at CHimberg@csuchico.edu

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 Exemption 501(c)(3)*

In the Future

"Adopting" a Teacher donation covers the cost of HPERD membership dues for one year and registration fees for the next annual conference. REAL teachers will be selected based on a brief application screening process.

"Adopting" a Program donation covers the cost of important equipment needs such as pedometers, heart rate monitors, and other fitness related equipment which teach key fitness principles and have been shown to increase students' levels of moderate to vigorous physical activity.

Responsible Educators Accountable for Learning