**ALT-PE Recording Form**

For each 10 second interval, indicate which category 50% + of the students are engaged in

|  |  |  |  |
| --- | --- | --- | --- |
| Teacher | Lesson | Grade | Date |
|  |  |  |  |
| A | Active | 50% or more of students are engaged in a physical activity. |
| T | Transitioning | 50% or more of students are transitioning from one task to another. |
| M  | Management | 50% or more of students are being managed. |
| C | Cognitive task | 50% or more of students are engaged in a cognitive task. |
| W | Waiting | 50% or more of students are waiting for instruction or their turn. |
| O | Off-task | 50% or more of students are off task. |

|  |  |
| --- | --- |
|  | Minutes |
| Seconds |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 10  |  |  |  |  |  |  |  |  |  |  |
| 20 |  |  |  |  |  |  |  |  |  |  |
| 30 |  |  |  |  |  |  |  |  |  |  |
| 40 |  |  |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |  |  |
| 60  |  |  |  |  |  |  |  |  |  |  |
|  | Minutes |
| Seconds |  | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 10  |  |  |  |  |  |  |  |  |  |  |
| 20 |  |  |  |  |  |  |  |  |  |  |
| 30 |  |  |  |  |  |  |  |  |  |  |
| 40 |  |  |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |  |  |
| 60  |  |  |  |  |  |  |  |  |  |  |
|  | Minutes |
| Seconds |  | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 10  |  |  |  |  |  |  |  |  |  |  |
| 20 |  |  |  |  |  |  |  |  |  |  |
| 30 |  |  |  |  |  |  |  |  |  |  |
| 40 |  |  |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |  |  |
| 60  |  |  |  |  |  |  |  |  |  |  |
|  | Minutes |
| Seconds |  | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 |
| 10  |  |  |  |  |  |  |  |  |  |  |
| 20 |  |  |  |  |  |  |  |  |  |  |
| 30 |  |  |  |  |  |  |  |  |  |  |
| 40 |  |  |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |  |  |
| 60  |  |  |  |  |  |  |  |  |  |  |
|  | Minutes |
| Seconds |  | 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 |
| 10  |  |  |  |  |  |  |  |  |  |  |
| 20 |  |  |  |  |  |  |  |  |  |  |
| 30 |  |  |  |  |  |  |  |  |  |  |
| 40 |  |  |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |  |  |
| 60  |  |  |  |  |  |  |  |  |  |  |